

'हर काम देश के नाम'

रक्षा लेखा महानियंत्रक

Controller General of Defence Accounts उलन बटार रोड, पालम, दिल्ली छावनी-110010

Ulan Batar Road, Palam, Delhi Cantt.-110010

Ph: 011-2566703, Fax: 25674806 e-mail: aniii.cgda@nic.in



No.AN-Coord/3012/Yoga Diwas-2021

Dated: 17.06.2021

To,

All PCDAs/ PCA (Fys.)/ PIFAs/ CDAs/CFAs (Fys.)/ IFAs/ RTCs. (through CGDA website).

Subject: Celebration of International Day of Yoga on 21st June, 2021.

Please find enclosed a copy of Ministry of Defence D(Welfare) ID No.11011/03/2021-D(welfare) dated 14.06.2021 alongwith enclosures referred therein regarding celebration of International Day of Yoga on $21^{\rm st}$ June, 2021 for information and necessary action.

2. All Heads of Departments/Heads of Offices are requested to ensure compliance and the steps taken to celebrate Yoga Day on 21.06.2021 may be intimated to HQrs. office by return mail.

(Rajeev Ranjan Kumar) Dy. CGDA (AN)

Copy to:

1. AN-Pay Section (Local)

Local For similar action as stated above

2. IT&S Wing (Local)

With a request to upload on CGDA's website.

(Rajeev Ranjan Kumar)

Dy. CGDA (AN)

Ministry of Defence

D(Welfare)

Subject: - Celebration of International Day of Yoga on 21st June, 2021-reg.

Please find enclosed a copy of e-mail dated 13.06.2021 alongwith enclosures received from Ministry of AYUSH, which is self explanatory.

- Vide aforementioned letter, Ministry of AYUSH has, inter-alia, conveyed that due to pandemic situation, the observation of IDY, 2021 will be virtual/televised mode. This year IDY is being observed with a thematic message of #BeWithYogaBeAtHome.
- It has also been informed that an organized digital yoga campaign is being coordinated on Facebook/Instagram and Twitter in the form of 10 day digital countdown program w.e.f 11.06.2021 (A/N) with an objective to take the positive message of Yoga and IDY to all fellow countrymen in this period of distress.
- It is requested to forward the same to all the organisations under your administrative control to be take part of digital Yoga campaign and to follow the below mentioned hastags on Instagram:

#BeWithYogaBeAtHome #IDY2021 #YogaForAll #YogaForHealth

Encl: As above.

Under Secretary (Welfare) Tele: 23012560/23012907

JS(Coord/Plg)& CAO,

JS(Lands),

JS(E/Trg.),

JS(AF),

JS(BRO/Cer),

JS(IC),

JS & CVO(MES/BR).

JS&AM(Air),

JS&AM(LS).

JS&AM(MS)

Addl. FA(RK) & JS

in r/o Defence Finance

JS(Coord & Parl Matters) : in r/o DMA

DG(R&M)

: in r/o DRDO

JS(P&C)

: in r/o DDP

JS(ESW)

: in r/o DESW

MoD I.D No. 11011/03/2021-D(welfare). dated 14.06.2021

Copy to :-

- SO to Defence Secretary (i)
- DA to CDS & Secretary, DMA (ii)
- PPS to Secretary(DDP) (iii)

....2/-

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1 message

June 13, 2021 2.57 PM

[08 DAYS TO GO FOR IDY 2021] Coordinated campaign for promotion of International Day of Yoga, 2021 reg. From Ankur Khanna

rkmissiondelhi@gmail.com delhioffice@artofliving.org Show mare

Twitter image 8 days to go jpg (77 1 KB) <u>Coverious I Burdeates</u>

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Respected Madam/ Sir,

Please find the attached a DO Letter dated from Sh. P.N. Ranjit Kumar, Ministry of Ayush, Government of India on the above subject.

2. We are grateful for your support in organizing a coordinated social media campaign in relation with the observation of International Day of Yoga (IDY), 2021 so far. Your support in this effort for health promotion will be very helpful to millions of people, worldwide.

3. The images for today (13/06/2021, 08 days to go for IDY-2021) are attached herewith. You are requested to post the same in your official social media handles (Facebook, Twitter and Instagram) along with the following hashtags

> #BeWithYogaBeAtHome #IDY2021 #YogaForAll #YogaForHealth

3. For any assistance or queries, kindly feel free to call Sh. Vikram Singh, Director, Ministry of Ayush at Ph. 011-24656863 or Sh. Niret K. Kurian, Deputy Director, Ministry of Ayush at Ph: 08075749770.

ties

पी. एन. रण्जीत कुमार P. N. Ranjit Kumar

संयुक्त सविव Joint Secretary

Tel. :011-24651938 Fax :011-24651952

E-mall: ranjitkumar-pn@gov.in



भारत सरकार आयुष मंत्रालय

आयुष मवन, 'बी' ब्लाक. जी.पी.ओ. कॉम्पलेक्स. आई.एन.ए., नई दिल्ली—110023 GOVERNMENT OF INDIA MINISTRY OF AYUSH AYUSH BHAWAN, B-BLOCK, GPO COMPLEX INA, NEW DELHI-110023

M-16011/24/2021-YN

Date: 11/06/2021

Dear Madem Sir,

I am writing to you regarding the observation of 7th International Day of Yoga (IDY) on 21st June 2021. The UN General Assembly, on 11th December 2014, unanimously adopted a resolution for observing 21st June every year as the International Day of Yoga. This resolution originated from a proposal of Hon'ble Prime Minister Shri Narendra Modi, in his UN address in September 2014. The Ministry of Ayush, being the nodal Ministry for observation of IDY takes up various activities for promotion of Yoga and IDY among common people.

- 2. This year, due to the pandemic situation, the observation will be virtual just like IDY-2020. As in 2020, the national lead event of IDY-2021 is likely to be in the virtual/ televised mode. This year IDY is being observed with a thematic message of #BeWithYogaBeAtHome. Therefore, Ministry of Ayush is planning to make extensive use of various digital platforms in order to spread awareness and increase the participation of people in this effort of public health.
- 3. For IDY-2021, an organized digital yoga campaign is being coordinated on Facebook/ Instagram and Twitter in the form of a 10 day digital countdown program w.e.f. 11/06/2021 (A/N). The objective is to take the positive message of Yoga and IDY to all of our fellow countrymen in this period of distress.
- 4. Your esteemed office is requested to kindly consider to be a part of this digital Yoga campaign. A team lead by Shri Vikram Singh, Director (Emails: vikramsingh-cea@gov.in, pmu-ayush@gov.in phone: 011-24656863) will reach out to your esteemed office for collaboration. It is requested to become a partner of this inclusive and broad-based effort and help to spread advantages of Yoga in physical & mental well-being of people.

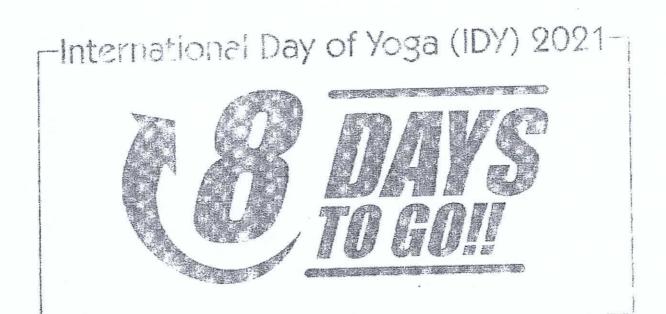
with regards,

Yours sincerely.

(P. N. Ranjit Kumar)

To.

As per list attached in Annexure



The world will be coming together to observe IDY 2021



-International Day of Yoga (IDY) 20217



vorld will be coming together to observe iDY



Will you be there?