

“हर काम देश के नाम”



रक्षा लेखा महानियंत्रक

उलान बटार रोड, पालम, दिल्ली छावनी-110010

Controller General of Defence Accounts

Ulan Batar Road, Palam, Delhi Cantt.- 110010

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F. No. AN/III/3012/SM&H

dated 19.04.2023.

To,

All DAD Offices located in Delhi/ NCR.
(Through CGDA website).

Subject: Organizing of an event on Stress Management & Harmony in Life.

To raise the awareness and importance of healthy and stress free living through Meditation among the officials of DAD, a session on Stress Management & Harmony in Life is being conducted by HQrs. office on 16th May 2023 at 04:00 PM in Zorawar Auditorium, Manekshaw Centre, Delhi Cantt. Brahma-Kumari Shivani Didi (Motivational speaker with International fame) will deliver a lecture during the session.

2. The undersigned is directed by the Competent Authority to invite all officers and staff of DAD offices situated in Delhi/ NCR to attend the session with spouse.
3. In this regard, it is requested to kindly intimate the numbers of attendees in the enclosed proforma to HQrs. office at email ID aniii.cgda@nic.in latest by 26.04.2023. Individual invitation card will be sent to facilitate entry.


(Mohan Lal Meena)
Sr. ACGDA (AN)

Copy to:

- 1 IT&S Wing
- 2 AN-IV, local
- 3 All PCsDA/ PCA/
CsDA/ IFAs/ RTCs.

With a request to upload this circular on CGDA website.
For necessary action as stated above.
A live video link will be provided to all outstation offices.
It is requested that arrangement may be made for the staff to watch it.


(Mohan Lal Meena)
Sr. ACGDA (AN)

Confirmation list of invitees for the event on Stress Management & Harmony in Life being organised by HQrs. office.

Name of the Office: _____

Sr. No.	Designation	Single	With spouse
1	IDAS		
2	SAO/AO		
3	AAO & Staff		
	Total numbers of invitees		